

Team COA

Welcome!

Your group has the opportunity to participate in an Experience Based Learning Program with Team COA, llc. We will provide interactive, problem solving, team challenges and your group will creatively work to reach a team goal. Experiences are discussed as a group and lessons learned often apply to general or specific situations in your business. With some reflection and discussion we facilitate opportunity to uncover strengths and areas of improvement for your team.

Safety is the primary concern for all our programs. Our Team will share ideas for safety and suggest ways you can modify the experience to suit you. Your group will participate using our **“Respect” guides, which primarily focus on Respect for Self and Respect for Others.** We invite everyone to participate with the “Your Challenge, Your choice” philosophy. You know yourself best- only you can decide what things fit your unique needs.

Activities do not require athletic ability such as speed, strength or endurance. Group activities are designed to invite everyone to participate in some way. At times, the group will need to think and plan a way for everyone to finish be included in ways that suit them. Teams will encourage, while each individual selects how they participate.

If you want to participate non- physically in an activity, there are many ways to still be part of the group, such as timekeeping, coaching, group planning. The goal is to keep everyone involved. Many of our sessions are specifically designed to develop a sense of team. Some of our networking and teambuilding sessions are coordinated to allow you to interact and have fun with others that you might not know very well.

This is a cooperative program, not a competition.

People of all ages and abilities have been invited to take part in the activities you will experience. While at times challenging, with creativity, problem solving and team support all participants can reach their goals.

***If you have any specific needs, ability concerns or recent injuries you want to share, please indicate on the Registration / Health forms that each person onsite must complete. Discuss with your doctor any potential concerns. Please contact our office prior to the program day to discuss any questions, concerns or special requests. Some accommodations may require pre-planning / pre-set-up.**

The program may take place both indoors and outdoors. Please dress appropriately with solid closed toe and heel shoes (if possible- do not wear flip flops or slip-ons with open backs) A jacket and gloves for outdoors is helpful on cold days.

If you have questions or concerns- please contact one of our team at teamcoa@outlook.com
Visit our website coaprograms.org or our new site under construction www.teamcoa.com

If you have a group that could benefit from a seminar experience- Call us to schedule!